

## Wettkampf 9 - 400m Freistil weiblich

### Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Menting, Mia 100m: 01:28,44 (01:28,44)   200m: 03:04,22 (01:35,78)   300m: 04:42,09 (01:37,87)   400m: 06:16,20 (01:34,11)	2015	SC Delphin Geldern	06:16,20
2.	Abidi, Emina 100m: 01:44,90 (01:44,90)   200m: 03:39,11 (01:54,21)   300m: 05:35,14 (01:56,03)   400m: 07:25,60 (01:50,46)	2015	SG Bayer ( Wuppertal )	07:25,60
3.	Pelster, Nele 100m: 01:53,62 (01:53,62)   200m: 04:04,62 (02:11,00)   300m: 06:16,10 (02:11,48)   400m: 08:21,64 (02:05,54)	2015	SG Bayer ( Wuppertal )	08:21,64

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Ballof, Lea Sophie 100m: 01:20,81 (01:20,81)   200m: 02:49,24 (01:28,43)   300m: 04:18,28 (01:29,04)   400m: 05:45,41 (01:27,13)	2013	SSF Bonn	05:45,41
2.	Mutiria, Nala 100m: 01:29,15 (01:29,15)   200m: 03:05,03 (01:35,88)   300m: 04:41,46 (01:36,43)   400m: 06:11,83 (01:30,37)	2013	SG Bayer (Dormagen)	06:11,83
3.	Gargi, Asya 100m: 01:27,78 (01:27,78)   200m: 03:04,12 (01:36,34)   300m: 04:40,69 (01:36,57)   400m: 06:12,05 (01:31,36)	2013	SG Bayer (Dormagen)	06:12,05
4.	Finke, Emma 100m: 01:28,13 (01:28,13)   200m: 03:05,46 (01:37,33)   300m: 04:42,96 (01:37,50)   400m: 06:13,65 (01:30,69)	2013	SG Bayer (Dormagen)	06:13,65
5.	Yildirim, Medina 100m: 01:28,10 (01:28,10)   200m: 03:04,57 (01:36,47)   300m: 04:41,72 (01:37,15)   400m: 06:14,51 (01:32,79)	2013	SG Bayer (Dormagen)	06:14,51
6.	Grieschat, Sophie 100m: 01:27,39 (01:27,39)   200m: 03:03,37 (01:35,98)   300m: 04:40,67 (01:37,30)   400m: 06:14,82 (01:34,15)	2013	SG Bayer ( Wuppertal )	06:14,82
7.	Gallani, Alaya 100m: 01:31,27 (01:31,27)   200m: 03:17,38 (01:46,11)   300m: 05:02,65 (01:45,27)   400m: 06:40,46 (01:37,81)	2013	WASPO Blau Gelb Delphin Bochum e.V.	06:40,46
8.	Heinrichs, Laura 100m: 01:35,64 (01:35,64)   200m: 03:21,74 (01:46,10)   300m: 05:09,94 (01:48,20)   400m: 06:59,52 (01:49,58)	2013	SG Bayer (Dormagen)	06:59,52
9.	Frielingsdorf, Luna 100m: 01:43,25 (01:43,25)   200m: 03:41,09 (01:57,84)   300m: 05:38,32 (01:57,23)   400m: 07:27,05 (01:48,73)	2013	SV Rhenania Köln 1919	07:27,05

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Pabel, Lina 100m: 01:11,34 (01:11,34)   200m: 02:28,96 (01:17,62)   300m: 03:48,05 (01:19,09)   400m: 05:06,52 (01:18,47)	2012	SG Bayer ( Wuppertal )	05:06,52
2.	Bodenschatz, Anni 100m: 01:13,10 (01:13,10)   200m: 02:32,81 (01:19,71)   300m: 03:53,54 (01:20,73)   400m: 05:12,34 (01:18,80)	2012	SG Bayer ( Wuppertal )	05:12,34
3.	Bodenschatz, Milla 100m: 01:14,80 (01:14,80)   200m: 02:36,29 (01:21,49)   300m: 03:59,63 (01:23,34)   400m: 05:20,28 (01:20,65)	2012	SG Bayer ( Wuppertal )	05:20,28
4.	Weber, Mira 100m: 01:19,83 (01:19,83)   200m: 02:44,79 (01:24,96)   300m: 04:12,14 (01:27,35)   400m: 05:35,53 (01:23,39)	2012	SG Bayer (Dormagen)	05:35,53
5.	Hosse, Rebecca 100m: 01:20,72 (01:20,72)   200m: 02:47,68 (01:26,96)   300m: 04:17,07 (01:29,39)   400m: 05:43,97 (01:26,90)	2012	SG Bayer ( Wuppertal )	05:43,97
6.	Theus, Jolina 100m: 01:23,86 (01:23,86)   200m: 02:53,94 (01:30,08)   300m: 04:25,92 (01:31,98)   400m: 05:55,67 (01:29,75)	2012	SG Bayer ( Wuppertal )	05:55,67
7.	Dronova, Veronika 100m: 01:25,42 (01:25,42)   200m: 02:59,75 (01:34,33)   300m: 04:35,50 (01:35,75)   400m: 06:06,20 (01:30,70)	2012	SG Bayer ( Wuppertal )	06:06,20
8.	Kieseier, Charlotte 100m: 01:27,58 (01:27,58)   200m: 03:05,31 (01:37,73)   300m: 04:44,55 (01:39,24)   400m: 06:22,24 (01:37,69)	2012	TuS Dortmund-Brackel	06:22,24
9.	Campen, Clara 100m: 01:28,77 (01:28,77)   200m: 03:07,25 (01:38,48)   300m: 04:47,51 (01:40,26)   400m: 06:24,37 (01:36,86)	2012	SG Bayer ( Wuppertal )	06:24,37

**noch Wettkampf 9 - 400m Freistil weiblich**
**Jahrgang 2011**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Huth, Ida 100m: 01:07,42 (01:07,42)   200m: 02:20,60 (01:13,18)   300m: 03:34,64 (01:14,04)   400m: 04:45,79 (01:11,15)	2011	TPSK 1925 e.V.	04:45,79
2.	Saldsieder, Donata Pauline Sophie 100m: 01:09,53 (01:09,53)   200m: 02:26,22 (01:16,69)   300m: 03:45,41 (01:19,19)   400m: 05:04,54 (01:19,13)	2011	SSF Bonn	05:04,54
3.	Hansen, Laura Isabel 100m: 01:13,70 (01:13,70)   200m: 02:32,63 (01:18,93)   300m: 03:52,77 (01:20,14)   400m: 05:09,21 (01:16,44)	2011	SG Gelsenkirchen	05:09,21
4.	Dielenschneider, Charlotte 100m: 01:13,02 (01:13,02)   200m: 02:33,72 (01:20,70)   300m: 03:55,21 (01:21,49)   400m: 05:15,97 (01:20,76)	2011	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:15,97
5.	Willing, Maja 100m: 01:16,59 (01:16,59)   200m: 02:39,84 (01:23,25)   300m: 04:04,46 (01:24,62)   400m: 05:24,48 (01:20,02)	2011	SV Rhenania Köln 1919	05:24,48
6.	Conraths, Maya 100m: 01:16,07 (01:16,07)   200m: 02:39,89 (01:23,82)   300m: 04:04,90 (01:25,01)   400m: 05:27,00 (01:22,10)	2011	Freie Schwimmer Düsseldorf 1910	05:27,00
7.	Kürschner, Lenia 100m: 01:25,07 (01:25,07)   200m: 02:58,72 (01:33,65)   300m: 04:36,16 (01:37,44)   400m: 06:09,94 (01:33,78)	2011	SG Bayer (Dormagen)	06:09,94

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Jacobs, Henriette 100m: 01:07,66 (01:07,66)   200m: 02:21,37 (01:13,71)   300m: 03:37,02 (01:15,65)   400m: 04:51,19 (01:14,17)	2010	Freie Schwimmer Düsseldorf 1910	04:51,19
2.	Weber, Lea Isabelle 100m: 01:08,85 (01:08,85)   200m: 02:23,56 (01:14,71)   300m: 03:38,55 (01:14,99)   400m: 04:52,58 (01:14,03)	2010	Freie Schwimmer Düsseldorf 1910	04:52,58
3.	Traka, Alexia 100m: 01:12,44 (01:12,44)   200m: 02:31,86 (01:19,42)   300m: 03:52,29 (01:20,43)   400m: 05:09,90 (01:17,61)	2010	TPSK 1925 e.V.	05:09,90
4.	Weber, Lou Cheyenne 100m: 01:09,51 (01:09,51)   200m: 02:29,13 (01:19,62)   300m: 03:50,25 (01:21,12)   400m: 05:12,48 (01:22,23)	2010	Freie Schwimmer Düsseldorf 1910	05:12,48
5.	Meyer, Anna 100m: 01:14,17 (01:14,17)   200m: 02:36,29 (01:22,12)   300m: 04:01,68 (01:25,39)   400m: 05:21,57 (01:19,89)	2010	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:21,57
6.	Grimme, Pauline 100m: 01:16,22 (01:16,22)   200m: 02:41,22 (01:25,00)   300m: 04:07,01 (01:25,79)   400m: 05:27,07 (01:20,06)	2010	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:27,07
7.	Kaminski, Mandy 100m: 01:12,95 (01:12,95)   200m: 02:35,64 (01:22,69)   300m: 04:02,27 (01:26,63)   400m: 05:27,44 (01:25,17)	2010	SG Bayer (Dormagen)	05:27,44
8.	Hupel, Neele 100m: 01:22,70 (01:22,70)   200m: 02:50,70 (01:28,00)   300m: 04:20,28 (01:29,58)   400m: 05:46,27 (01:25,99)	2010	SG Bayer (Dormagen)	05:46,27
9.	Stuhrmann, Rebecca 100m: 01:23,17 (01:23,17)   200m: 02:55,98 (01:32,81)   300m: 04:30,94 (01:34,96)   400m: 06:00,57 (01:29,63)	2010	Hammer SportClub 2008	06:00,57

nicht am Start

Liu, Katharina	2010	SSF Bonn
Pasternak, Elaine	2010	TPSK 1925 e.V.

**Jahrgang 2009**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Düker, Anja 100m: 01:04,74 (01:04,74)   200m: 02:14,13 (01:09,39)   300m: 03:25,99 (01:11,86)   400m: 04:35,33 (01:09,34)	2009	SG Gelsenkirchen	04:35,33
2.	Debock, Rahel 100m: 01:09,84 (01:09,84)   200m: 02:27,02 (01:17,18)   300m: 03:48,25 (01:21,23)   400m: 05:04,00 (01:15,75)	2009	TPSK 1925 e.V.	05:04,00
3.	Lichte, Hanna 100m: 01:14,73 (01:14,73)   200m: 02:36,25 (01:21,52)   300m: 03:59,26 (01:23,01)   400m: 05:19,88 (01:20,62)	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	05:19,88
4.	Frömgen, Charlotte 100m: 01:19,57 (01:19,57)   200m: 02:45,16 (01:25,59)   300m: 04:10,83 (01:25,67)   400m: 05:33,68 (01:22,85)	2009	Freie Schwimmer Düsseldorf 1910	05:33,68
5.	Sontag, Julia 100m: 01:21,15 (01:21,15)   200m: 02:51,81 (01:30,66)   300m: 04:23,98 (01:32,17)   400m: 05:51,55 (01:27,57)	2009	SG WAGO 1950	05:51,55

## noch Wettkampf 9 - 400m Freistil weiblich

### noch Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
6.	Richard, Jella Maja 100m: 01:43,56 (01:43,56)   200m: 03:45,14 (02:01,58)   300m: 05:48,70 (02:03,56)   400m: 07:37,02 (01:48,32)	2009	TSV Gruiten 1884	07:37,02
	<u>nicht am Start</u> Meese, Carlotta	2009	Rote Erde/SWIM-TEAM TuS 1859 Hamm	

### Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Hentschke, Cleo 100m: 01:04,07 (01:04,07)   200m: 02:13,44 (01:09,37)   300m: 03:24,59 (01:11,15)   400m: 04:35,75 (01:11,16)	2008	SG Essen	04:35,75
2.	Kodikara, Hayley 100m: 01:07,34 (01:07,34)   200m: 02:20,64 (01:13,30)   300m: 03:35,79 (01:15,15)   400m: 04:49,57 (01:13,78)	2008	TPSK 1925 e.V.	04:49,57
3.	Pennartz, Mia 100m: 01:09,84 (01:09,84)   200m: 02:24,57 (01:14,73)   300m: 03:39,70 (01:15,13)   400m: 04:53,33 (01:13,63)	2008	TPSK 1925 e.V.	04:53,33
4.	Ragot, Seraphine 100m: 01:13,12 (01:13,12)   200m: 02:33,89 (01:20,77)   300m: 03:55,25 (01:21,36)   400m: 05:12,50 (01:17,25)	2008	Freie Schwimmer Düsseldorf 1910	05:12,50
5.	Oberdellmann, Lina 100m: 01:22,41 (01:22,41)   200m: 02:54,22 (01:31,81)   300m: 04:27,89 (01:33,67)   400m: 05:58,86 (01:30,97)	2008	WASPO Blau Gelb Delphin Bochum e.V.	05:58,86
6.	von Czerniewicz, Julina 100m: 01:20,84 (01:20,84)   200m: 02:52,83 (01:31,99)   300m: 04:28,05 (01:35,22)   400m: 06:02,19 (01:34,14)	2008	TSV Gruiten 1884	06:02,19
	<u>nicht am Start</u> Krinke, Laura	2008	VFL Gladbeck 1921	
	Sathish Kumar, Nakshathira	2008	Freie Schwimmer Düsseldorf 1910	

### Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Selimovic, Zara 100m: 01:02,93 (01:02,93)   200m: 02:10,07 (01:07,14)   300m: 03:16,64 (01:06,57)   400m: 04:23,39 (01:06,75)	2007	SG Essen	04:23,39
2.	Brune, Carolina Marie 100m: 01:03,96 (01:03,96)   200m: 02:14,01 (01:10,05)   300m: 03:25,48 (01:11,47)   400m: 04:35,50 (01:10,02)	2007	SG Bayer ( Wuppertal )	04:35,50
3.	Rittmeier, Pia 100m: 01:24,53 (01:24,53)   200m: 02:57,93 (01:33,40)   300m: 04:33,56 (01:35,63)   400m: 06:07,18 (01:33,62)	2007	Hammer SportClub 2008	06:07,18
	<u>nicht am Start</u> Ivanovic, Maja	2007	SG Bayer ( Wuppertal )	

### Jahrgang 2006 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Widders, Jolina 100m: 01:10,14 (01:10,14)   200m: 02:24,32 (01:14,18)   300m: 03:38,88 (01:14,56)   400m: 04:53,74 (01:14,86)	2006	Rote Erde/SWIM-TEAM TuS 1859 Hamm	04:53,74
2.	Schwabe, Letizia 100m: 01:13,06 (01:13,06)   200m: 02:32,61 (01:19,55)   300m: 03:53,57 (01:20,96)   400m: 05:13,12 (01:19,55)	2006	SG Gelsenkirchen	05:13,12